

# Spruce Tree Montessori School MIDDLE YEARS PROGRAM

## Opening Fall 2018

Start Time	Time Blocks
8:30 AM	30m

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM	Mindful Fitness & Reflection	Mindful Fitness & Reflection	Mindful Fitness & Reflection	Mindful Fitness & Reflection	Mindful Fitness & Reflection
9:00 AM	Morning Work Cycle	Morning Work Cycle	Morning Work Cycle	Morning Work Cycle	Assembly
9:30 AM					
10:00 AM					Business
10:30 AM					
11:00 AM			Business		
11:30 AM			Business		
12:00 PM	Lunch Service for CH	Lunch Service for CH	Lunch Service for CH	Lunch Service for CH	Business/Lunch
12:30 PM	Lunch	Lunch	Lunch	Lunch	Business/Lunch
1:00 PM	Afternoon Work Cycle	Afternoon Work Cycle	Afternoon Work Cycle	Afternoon Work Cycle	Business
1:30 PM			Afternoon Work Cycle		
2:00 PM			JOURNEY		JOURNEY
2:30 PM					
3:00 PM					
3:30 PM					
4:00 PM					

- Student arrival is at parent/student discretion at 8:30 or 9 am.
- 8:30 arrival offers student time to do yoga or run, workout, read newspaper, eat breakfast, use day timer, etc. (no devices)
- Morning Work Cycle begins at 9 am, offering core academic lessons in small groups and whole group meetings.
- Lunch Service: middle years students will assist with the school's lunch service for Children's House students (serving, prepping, modeling, cleaning up).
- Lunch is the students' lunch break (half hour for eating/cleaning up).
- Afternoon Work Cycle offers enrichment, individual lessons, and project work.
- Business provides prep time, meeting time and time to manage/run their micro-business. (11 - 12 W, 10 - 2 F; ~5 hrs/week)
- JOURNEY offers students with pre-approved "Journey Tracks" time toward those passions at various facilities (2 - 4 pm)
- JOURNEY offers students on the "STMS Track" time for STEAM in their classroom. (2 - 3:30 pm).