

2019

January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31	01	02	03	04	05	06
07	08 Sweet and Sour Chicken with Veggies and rice	09 Buttered Noodles and Veggies	10 Sloppy Joes with Tater Tots	11 Fettucini with Herbed Shrimp and Veggies	12	13
14 Honey Glazed Chicken with Potatoes and Veggies	15 Pasta with Meaty Red Sauce	16 Grilled Cheese and Tomato Soup	17 Meat Loaf with Veggies and Potatoes	18 Chili and Cornbread	19	20
21 MLK Day- No School	22 Pasta with Sausage and Veggies	23 Egg Rolls with Veggie Fried Rice	24 Pizza! And Salad	25 Fish Scandia with Rice and Veggies	26	27
28 Chicken Pot Pie with Rolls	29 Pork Tenderloin with Potatoes an Veggies	30 Bean and Cheese Enchiladas with Rice	31 Beef and Broccoli Stir Fry with Rice	01 Salmon Curry with Rice	02	03
04	05	Notes:				

2019

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	31	01 Salmon Curry with Rice	02	03
04 Chicken Noodle Soup with Bread	05 Baked Ham with Potatoes and Veggies	06 Lasagne with Rolls	07 Beef Stew with Bread	08 Shepard's Pie with Bread	09	10
11 Chicken and Broccoli Pesto Pasta with Bread	12 Bean and Ham Soup with Bread	13 Potato and Veggie Hash with Bread	14 Pasta with Meaty Red Sauce	15 Maple Glazed Salmon with Rice and Veggies	16	17
18 Chicken Wraps with Rice and Veggies	19 Sweet Potato Tacos with Rice and Beans	20 Buttered Noodles and Veggies	21 Sausage and Apple Pie with Potatoes and Veggies	22 Dairy Free Seafood Alfredo with Veggies and Bread	23	24
25 Chicken and Broccoli Stir Fry with Rice	26 Baked Ziti with Veggies	27 Bean and Cheese Burritos with Rice and Veggies	28 Roasted Potato and Bacon Hash with Biscuits	01 Mulligatawny Stew with Bread	02	03
04	05	Notes:				