

September

2023

August						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

October						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Menu subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
			Vegetarian Options		Cheese and Pepperoni Pizza with Veggie	
3	4	5	6	7	8	9
	Labor Day!	Chicken Tacos	Mac & Cheese w/ Fruit	Grilled Salmon with Rice and Veggie	Frybread with Beef and Salad	
10	11	12	13	14	15	16
	Patriot Day Pancakes with side berries & cream	Taquitos and Chicken	Baked Potato Bar w/ Salad	Chicken Noodle Soup with Bread	Loaded Hotdogs w/ grilled veggies	
17	18	19	20	21	22	23
	Spaghetti and Meatballs	Breakfast Burrito: Cheese, Egg and Sausage	Grilled Cheese and Tomato Soup	Ham & Cheese Quiche with Berries	Burgers with Roasted Potatoes	
24	25	26	27	28	29	30
	Great Harvest Kids Lunch Box: turkey & cheddar sandwich, fruit, muffin	Beef Tacos with Rice	Alfredo Pasta with side veggie	Chicken and Biscuits	Lasagna with Beef	
1	2	3	4	5	6	7